

A MUST READ FOR ANYONE WHO HAS FELT BROKEN OR DISCONNECTED.

Crazy, Cracked, Warm, and Deep is a personally-inspired primer on how to locate and remember the broken and separated parts in each of us, clearing the pain "so the dark spots get the needed light to live forward."

Crazy, Cracked,
Warm, and Deep



Susan B. Clarke

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When I was dealing with cancer, I wrote to wrestle with the gods about fairness. When I was dealing with nightmares and memories, I used prose to share the pain that was trapped in my cells. When I am holding a space for peoples' stories that are not mine to share, I write to find my heart, clear my mind, stay present and connect with their world; not stay stuck in mine.

--Susan Clarke

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ABOUT THE AUTHOR

Susan B. Clarke is a coach, consultant, and group facilitator. Since her own transformational health journey, she's focused on living fully in each moment and creating fulfilling relationships. Her passion is working with people to help them value differences, bring more of themselves to everything they do, and engage in the power of people working together. She lives in Whitefish, Montana with her wife, CrisMarie Campbell, and enjoys being out in nature, playing and learning from horses and her two dogs, Rosie and ZuZu.



PRAISE FOR THE BOOK

"I read this book in one night. It's a life story about grit, determination, resilience, and transformation even in the face of extreme childhood trauma, injustice, and cancer. It's a deeply inspiring book and gave me perspective in ways that I couldn't have expected. Susan Clarke's story is a testament to the idea that everything we go through defines the person we are destined to be. Such a gift for anyone who reads it."

"This is a story that captivates through the telling. Through fragments of memory and understanding written in poetry, we see the narrator almost be broken by trauma, yet find their way through perseverance and a new community. The writing is wonderful and the story compelling."

"Just finished this book in one sitting. Impactful, insightful, courageous, and inspiring. If you are human and curious about healing the broken parts that hurt your heart, I encourage you to read this book. It offers a genuine and useful path for healing."



susan@thriveinc.com

Contact Susan for Readings, Guest Appearances and More



406.730.2710